

Impressive Technique (8 Minutes)

Day	Scales	Arpeggios	Chromatic
🎵 M	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
🎵 T	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
🎵 W	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
🎵 Th	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
🎵 F	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
🎵 S	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
🎵 S	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Secret of the Method Book (10 Minutes)

Day	Fast Excerpt	Slow Excerpt
🎵 M	<input type="checkbox"/>	<input type="checkbox"/>
🎵 T	<input type="checkbox"/>	<input type="checkbox"/>
🎵 W	<input type="checkbox"/>	<input type="checkbox"/>
🎵 Th	<input type="checkbox"/>	<input type="checkbox"/>
🎵 F	<input type="checkbox"/>	<input type="checkbox"/>
🎵 S	<input type="checkbox"/>	<input type="checkbox"/>
🎵 S	<input type="checkbox"/>	<input type="checkbox"/>

Awesome Ears (6 Minutes)

Day	A Favorite Song
🎵 M	<input type="checkbox"/>
🎵 T	<input type="checkbox"/>
🎵 W	<input type="checkbox"/>
🎵 Th	<input type="checkbox"/>
🎵 F	<input type="checkbox"/>
🎵 S	<input type="checkbox"/>
🎵 S	<input type="checkbox"/>

Play Real Music (6 Minutes)

Day	Written Music
🎵 M	<input type="checkbox"/>
🎵 T	<input type="checkbox"/>
🎵 W	<input type="checkbox"/>
🎵 Th	<input type="checkbox"/>
🎵 F	<input type="checkbox"/>
🎵 S	<input type="checkbox"/>
🎵 S	<input type="checkbox"/>